



## August- September 2024 Newsletter

Hot Summer Days Are Almost Over!

### NEXT EVENTS!

September 13<sup>th</sup> Annie Chance Clinic

September 14<sup>th</sup> – Extreme Cowboy Race Southeastern Regional Championships at Chicopee Agriculture Center, Gainesville, GA

November 16<sup>th</sup> Obstacle Challenge at Darby Oaks Stables in Bushnell, FL Highpoint Buckles will be awarded!



## 2024 Events

1/13-14/2024 – Craig & Cole Cameron Clinic – Darby Oaks Stables, Bushnell, FL

3/1/2024 – Cole Cameron Clinic, Florida Horse Park, Ocala, FL

3/2-3/2024 – Florida Horse Park – Extreme Cowboy Race (double points) on Saturday & Obstacle Challenge on Sunday..

4/20/2024 – Obstacle Challenge, Darby Oaks Stables, Bushnell, FL

5/4/2024 – Extreme Cowboy Race (double points) The Canyon – Hodges, AL

6/1-2/2024 – Extreme Cowboy Race – EXCA National Championships, Champions Arena, Celebration Grounds, Shelbyville, TN (5X Points)

7/6/2024 - Obstacle Schooling Day – Darby Oaks Stables, Bushnell, FL

9/13/2024 – Annie Chance Clinic, Chicopee Agriculture Center, Gainesville, GA

9/14/2024 – Extreme Cowboy Race –SE Regional Championships - (Triple Points) Chicopee Agricultural Center, Gainesville, GA

11/16/2024 – Obstacle Challenge – Darby Oaks Stables, Bushnell, FL

**EVENT FLYERS ARE ON THE WEBSITE!**

**THANK YOU TO ALL THE VOLUNTEERS THAT MAKE THESE EVENTS HAPPEN!!!!**

Southern Obstacle Challenge Association  
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[www.southernobstaclechallenges.com](http://www.southernobstaclechallenges.com)

# August-September 2024 Newsletter

## HIGH POINT STANDINGS AS OF 8/15/24

### SOCA RACE HIGH POINT - 2024

Young Guns Division Results			Total
<b>NO BUCKLE</b>			
1	Brooklyn Baldwin	Drover	953.470
2	Brooklyn Baldwin	Redden's Photo Finish	865.017
3	Ellie Faber	Silver	349.103
4	Sophia Johnson	Faline	260.507
5	Knox Archie	Trigger	207.218
6	Trace Archie	Toby	201.358
7	Waylon Johnson	Boots	185.498
8	Ashlyn Kelley	Snazzy	121.595
<b>Novice Division Results</b>			
<b>NO BUCKLE</b>			
1	Alecia Grissett	Pepper	1068.240
2	Sandra Baird	Cody	1047.058
3	Jessie Baldwin	Stitch	967.790
4	Emma Sandness	Sage	796.967
5	Terri Glonek	One Tuff Cowgirl	783.338
6	Elizabeth Faber	Poco Hollywood Jess	725.482
7	Cullen Green	Buster	691.484
8	Terri Glonek	Tuff Lil Texan	637.736
9	Sarah Bremer	Rocket	327.078
10	Dusty Bremer	Diesel	326.721
<b>Green Horse Results</b>			
1	Hannah Howe	Moon	1589.980
2	Jen Peterson	Baron	1101.227
3	Vaudry Edge	2X Thirteendiamonds	1056.882
4	Mike Jeffers	Gus	884.052
5	Lee Hart	Reddens Autumn Rain	864.614
6	Lee Hart	Chisums Miss Kitty	804.805
7	Chad Blunk	Stinger	799.976
8	Carly Renault	Zek	630.701
9	Lee Chapman	Corona	576.063
10	Tim Haupt	Mercy Reigns	451.259
<b>Non Pro Division Results</b>			
1	Tracy Pinson	Tuff Struck Gold	1951.166
2	Tracy Pinson	2X TBuck	1947.833
3	Rick Peniston	Savvy	1872.423
4	Vaudry Edge	Rojo Willy John 2	1818.737
5	Michael Garman	Newt	1592.489
6	Leanne Hale	Jigsaw	1540.510
7	Kelsie Yates	Whiskey	1490.869
8	Shannon Washam	True	1311.327
9	Kim Washam	Oakley	1276.205
10	Lee Chapman	Ike	1096.223
<b>Intermediate Division Results</b>			
1	Tyler Howe	Indiana Cowgirl	1965.115
2	Tyler Howe	High Flying X Tex	1909.856
3	Michael Garman	Newt	1752.272
4	Lisa Steinbach	Tuff Struck Gold	1748.627
5	Jamie Caldwell	Pepto Master	1705.826
6	Shannon Washam	True	1402.807
7	Teresa Cone	Rey's Kual Toy	1348.514
8	Kim Washam	Oakley	1326.369
9	Jamie Caldwell	Crimson Contender	1241.649
10	Edward Brown	Spook	1235.634
<b>Youth Division Results</b>			
<b>NO BUCKLE</b>			
1	Brooklyn Baldwin	Drover	1307.205
2	Brooklyn Baldwin	Redden's Photo Finish	1219.696
3	Gina Gatto	So Charming	1193.312
4	Angeline Saliceti	Samson	1169.904
5	Paityn Blunk	Eldon	1140.999
6	Angeline Saliceti	Keota	1102.678
7	Meredith Crews	Dixie	1046.012
8	Jordan Jeffers	Lena	665.173
9	Kailey Hetherman	One Tuff Cowboy	634.450
10	Brooke Bremer	Shades	352.969
<b>Ride Smart Division Results</b>			
1	Tracy Pinson	2X TBuck	1946.765
2	Tracy Pinson	Tuff Night At The Ritz	1945.750
3	Vaudry Edge	Rojo Willy John 2	1866.705
4	Dennis Tipton	Pepto Master	1851.410
5	Rick Peniston	Savvy	1781.590
6	Michael Garman	Newt	1756.133
7	Lisa Steinbach	Tuff Struck Gold	1741.219
8	Teresa Cone	Rey's Kual Toy	1375.336
9	Tim Yoho	Jewel	1105.197
10	Karen Huey	Pepite	1068.860
<b>Pro Division Results</b>			
1	Hannah Howe	High Flying X Tex	2013.270
2	Runt Rageth	Costar	1645.720
3	Bret Lambdin	LEO's Pride	1258.208
4	Chad Blunk	Eldon	1138.232
5	Lee Hart	Ruthie	1132.769
6	Rick Sandness	Sage	1090.435
7	Josh Sandness	Ocho	1089.934
8	Lee Hart	Crimson Contender	1077.260
9	Lee Hart	Lumpy	1050.273
10	Chris Redden	Dulain Pistol Duke	993.992
<b>Open Division Results</b>			
1	Rick Peniston	Savvy	1914.208
2	Runt Rageth	Rooster	1656.947
3	Shannon Washam	True	1359.434
4	Kim Washam	Oakley	1333.260
5	Chad Blunk	Eldon	1095.154
6	Leanne Hale	Jigsaw	1093.238
7	Kelsie Yates	Whiskey	1087.200
8	Lee Hart	Lumpy	1079.049
9	Lee Hart	Ruthie	1078.486
10	Chris Redden	Dulain Pistol Duke	1044.499

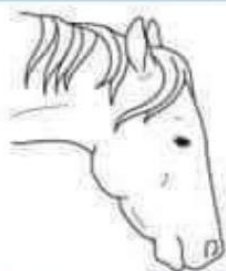
### SOCA OBSTACLE CHALLENGE HIGH POINT - 2024

	Rider	Horse	Total
<b>Novice Division</b>			
1	Audra Geftter	Charlie	268.50
2	Donna Milliken	Black Pepper	266.50
3	Nichole Dalton	Chip	263.00
4	Dusty Bremer	Diesel	261.50
5	Rebecca Hurm	Lovealotta Jack	257.25
6	Ashley Kranke	Nine Times Two	250.50
7	Joni Nathanson	Primetime Spook (Blue)	241.50
8	Lavonne Thompson	Hollywood	206.50
9	Courtney Snyder	Ace	203.00
10	Greg Eastwood	Blu	135.00
<b>Youth Division</b>			
1	Meghan Maharrey	Drifting Thru Poco	283.00
2	Gina Gatto	Piper	250.50
3	Kailey Hetherman	One Tuff Cowboy	228.00
4	Brooke Bremer	Shades	209.50
5	Charlotte Kelley	Fitz	138.00
6	Madison Gulley	Rockette	130.50
7	Ella Laiosa	Doc Holiday	127.00
8	Ashlyn Kelley	Snazzy	123.50
9	Alexa Jackson	Blondie	122.00
10	Madison Gulley	Tank	110.00
<b>Intermediate Division</b>			
1	Donna Bellusci	Caz (Chicago's Lad	267.00
2	Sarah Bremer	Rocket	265.00
3	Kimberly Paquette	Absoluteontherocks	262.00
4	Carol Yapaolo	Smart Brow Cat	261.00
5	Garey Wallace	Breeze	256.00
6	Barbara Van Winkle	Pepper	252.50
7	Catherine Errickson	Bella	252.00
8	Denise McMeekin	Macky	231.00
9	Tim Haupt	Loomis	174.00
10	Tyler Howe	Indiana Cowgirl	139.00
<b>Open Elite Division</b>			
1	Alexa Jackson	Sunshine & Whiskey	292.00
2	Cathy Rotola	Nick	288.50
3	Marilyn Loaces	Manolo de Erimar	277.50
4	Lisa Cusimano	Sierra	274.00
5	Margo Cook	Luna	271.00
6	Briana Tribett	Jasper	261.00
7	Connie Lloyd	Lark's Grey Twist	244.50
8	Traci Woodard	Montana Nicajack	140.50
9	Hannah Howe	High Flying X Tex	139.00
10	Katie Morris	Caspian	136.00



## EXPRESSIONS OF STRESS DUE TO FEAR OR FRUSTRATION

Pet Professional Guild Australia recognised that equine behaviour is complex. Horses express their emotions through their behaviour with some of these only being seen in certain contexts. Some of the more subtle or less well understood behaviours that we see from horses are when they are stressed due to fear or frustration at some level. If you are unsure about any aspect of the behaviour of your horse, please contact one of our force free approved equine trainers listed on our website [www.ppgaustralia.net.au](http://www.ppgaustralia.net.au)



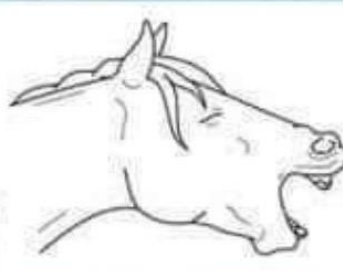
Half closed eyes  
Stress coping  
behaviour



Blinking  
Appeasement/  
conflict avoidance



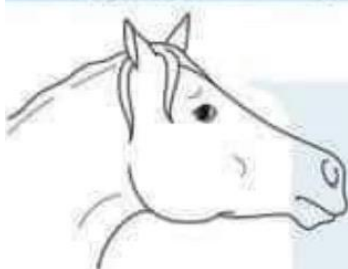
Licking & chewing  
Stress response/  
relief behaviour



Yawning  
Stress response/  
relief behaviour



Snatching grass  
Stress response/  
self calming behaviour



Whale eye  
Fear



Head turned away  
Avoidance of stressor



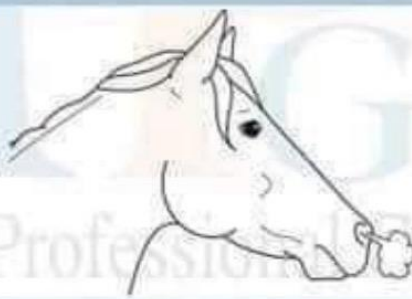
Lowering head/sniffing ground  
Avoidance of stressor



Nose/face rub on knee  
Avoidance of stressor



Freeze & stare  
Evaluating potential threat



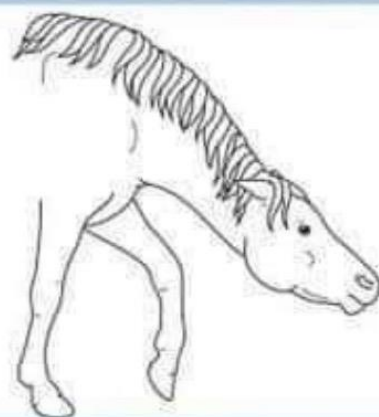
Snorting  
Worried at potential threat



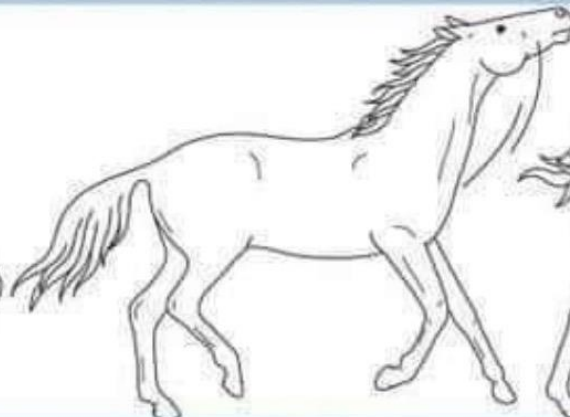
Pawing  
Frustration



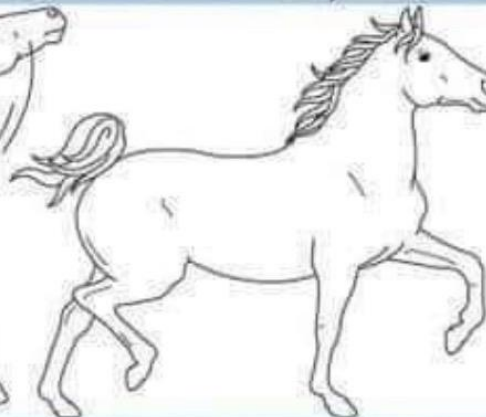
Ears pinned  
Bite warning to drive  
away threat



Snaking  
Driving away threat



Head toss/twirling  
Frustration or annoyance



Prancing/calling/running  
Highly stressed in fear,  
frustration or panic

## Six Cool-Down Strategies for Your Horse Beating the heat involves water -- both on the inside of your horse via drinking and on the outside of your horse via hosing down.



(Reprinted from Horse & Rider Magazine)



Summer's heat and humidity can be much more than just uncomfortable. They can be deadly. Horses lose their lives every year to heat stroke. Countless others struggle through anything from weakness to colic as a result of inadequate care in hot weather. Don't let this happen to your horse!

### Cool Science

Your horse's normal body temperature is 98.5 to 101 degrees Fahrenheit. His body temperature rises as he exerts himself. To avoid reaching temperatures that can damage his brain and organs, he must be able to get rid of that heat.

Your horse has several ways to stay cool. Some of the heat is transferred to the air exiting his lungs. The remainder is carried to the skin surface by the bloodstream. Blood vessels very close to the surface of the skin dilate, and dissipate heat through conduction, convection, and evaporation. *Conduction* is the transfer of heat from the body to the cooler air. *Convection* is the movement of hot air away from the body's surface, replacing it with cooler air. *Evaporation* of sweat is absolutely necessary for efficient heat removal.

**Cool Your Hot Horse** - Here are six ways you cool your horse as the temperature rises.

- **Create a breeze.** Slow walking creates a bit of a breeze over your horse's body surface to enhance convective cooling. A fan works even better!
- **Find cooler air.** Shade provides cooler air temperatures, which also enhances convective cooling.
- **Hose him down.** As you hose off your horse, heat is lost due to evaporative cooling. Heat is also lost by conduction, as long as the water temperature is cooler than his body surface. *Myth alert!* Hosing your hot horse down with cold water doesn't cause any ill effects. The colder the water, the more conduction heat loss occurs.
- **Use misting fans.** Using misting fans is the most efficient method of all methods. In fact, Olympic horses are kept cool with this method. The mist cools by conduction and evaporation, while the fans' breeze improves both evaporation and convection.
- **Offer water.** Allowing your hot horse to drink also has cooling effects, as the water temperature and your horse's interior temperature equalize. Of course, water also helps to keep him hydrated. Severe dehydration can lead to organ damage. *Myth alert!* There are no health risks associated with letting a hot horse drink cold water. And there's no such thing as giving your horse "too much" water.
- **Add electrolytes.** Your exercising horse loses electrolytes along with water in his sweat. His cells function like small batteries with different concentrations of electrolytes inside versus outside the cell. There are even differences in concentrations between the structures inside the cells. Another function of electrolytes, especially sodium, is to "hold" water in your horse's body. To maintain proper hydration levels, his brain constantly monitors sodium concentration. Thirst is triggered if the concentration of sodium gets too high; salt hunger is triggered if sodium gets too low.



# August-September 2024 Newsletter

**SOCA would like to thank our 2024 Corporate Sponsors**

**Darby Oaks Stables – Diane McMurtrey & Walker Pond Farm  
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## **2025 SPONSORS NEEDED!**

SOCA is a **501c3 Non Profit Organization**, so donations are tax deductible. Small or large, **ALL** donations are appreciated!!! Sponsorships help us provide better events for you, including prizes, donations to charities and buckles for high point awards.

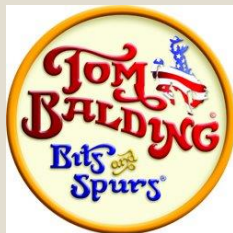
**THANK YOU!!!**

# SOCA would like to thank the following for Product Donations:

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## SOCA NEWS

### Purpose of SOCA

#### OBSTACLE CHALLENGES

- Divisions for all levels of horses and riders
- Open to all breeds
- Payback in all classes, prizes, and ribbons
- Ten to fifteen obstacles
- Events will be in arenas and on the trail

#### EXTREME COWBOY RACES

- Sanctioned Extreme Cowboy Races with divisions for: Pro, Non-Pro, Novice, Intermediate, Ride Smart, Youth, Young Guns, & Green Horse
- Open to all breeds
- Payback, prizes, and ribbons

#### CLINICS/SCHOOLING DAYS

- Learn to negotiate obstacles
- Schooling days will allow you to practice obstacles with the help of others, and without the pressure of competition.

**THANKS TO ALL OUR  
SPONSORS, JUDGES &  
VOLUNTEERS THAT MAKE OUR  
EVENTS POSSIBLE!**

#### Extreme Cowboy Racers

**Reminder to pay your dues to the EXCA so your points will count! If you aren't sure if you are current, check the EXCA website under the club page.**



**SOCA dues (\$10) are due  
January 1<sup>st</sup>!**

**Please renew at your first event of the year. Dues help fund the highpoint awards and administrative costs of the club.**

**If you have news that you would like to submit to the SOCA newsletter, please email it to [southernobstaclechallenges@gmail.com](mailto:southernobstaclechallenges@gmail.com)**